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# Zacharias G. Fthenakis

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Research Associate  
Istituto Nanoscienze Consiglio Nazionale Delle Ricerche (CNRnano),

Phone number :  
website :

e-mail

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## 1. CURRICULUM VITAE

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**Personal** :  
**Information** :

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**Education**      **Ph.D. Computational Condensed Mater Physics**      **May 2010**

*University of Crete, Heraklion, Greece*

Thesis: Study of Structural, Electronic, Thermodynamic and  
Magnetic properties of clusters using the Tight Binding  
Molecular Dynamics Method

Supervisor: A.N.Andriotis

**M.Sc Condensed Matter Physics**      **Sept. 1996**

*University of Crete, Heraklion, Greece*

**B.Sc. in Physics**      **Nov. 1994**

*University of Crete, Heraklion, Greece*

grade: 7.97/10 (Upper Second-Class Honours "II.1")

**Research**  
**Interests**

Modeling for the study of materials properties

New Carbon allotropes, either 3-dimensional or 2-dimensional

Ferroelectric materials

Graphene, carbon nanotubes, fullerene-like structures and other materials

Structural, thermodynamic, transport, magnetic and mechanical properties

Magnetic properties of Dilute Magnetic Semiconductors

Global Optimization Algorithms

Human body composition

**Awards**      Competition of the Hellenic Mathematical Society      **1988**

Summer School of Advanced Physics. Univ. of Crete      **1993**

IOP Trusted Reviewer      **2020**

- Scholarships**
- Successive full scholarships awarded from the Physics Department of the University of Crete and the Institute of Electronic Structure and Laser of the Foundation for Research and Technology, Hellas.
  - EU TMR network “USEFULL” (Chemistry Department of the University of Exeter – U.K. (Prof. P.W.Fowler)) (June - August 2001)

- Employment**
- Instructor - Adjunct Professor - Visiting Assistant Professor**
- *Hellenic Mediterranean University, Greece* **2000 – 2011 and**  
*(former Technological Educational Institute (TEI) of Crete)* **Fall 2013 - 2016**
  - *School of Pedagogical & Technological* **Feb. – Jul. 2020**  
*Education (ASPAITE), Greece*
  - *University of West Attica, Greece* **Feb. 2020 - today**

**Research Associate** **June – Aug. 2001**  
*University of Exeter, UK*  
 Supervisor: Prof. P. W. Fowler

- Postdoctoral Research Associate**
- *Michigan State University, MI, USA*  
 Supervisor: Prof. D. Tománek **Sept. 2011 – Sept. 2013**
  - *Foundation for Research and Technology (FORTH), Greece*  
 Supervisor: Dr. A. N. Andriotis **Jan. 2014 – Jan. 2015**
  - *University of South Florida, Tampa, FL, USA*  
 Supervisor: Prof. I. Ponomareva **Jan. 2017 – May 2019**
  - *National Hellenic Research Foundation (NHRF), Greece*  
 Supervisor: Dr. N. N. Lathiotakis **Sept. 2019 – Feb. 2021**
  - *Instituto Nanoscienze Consiglio Nazionale Delle Ricerche (CNRnano), Italy*  
 Supervisor: Dr. V. Tozzini **May 2021 - today**

- Participation in scientific projects**
1. EU-GROWTH AM-MARE G5RD-CT-2001-00478 (FORTH, Greece)
  2. EU-TMR Network “USEFULL” (University of Exeter, UK)
  3. ARCHIMEDES II (TEI of Crete, Greece)
  4. NSF Cooperative Agreement no. EEC-0832785, (Michigan State University, USA)
  5. THALES code MIS: 380252 (FORTH, Greece)
  6. ARCHIMEDES III (MIS: 380353) (TEI of Crete, Greece)
  7. DOE Grant no. DE-SC0005254 (University of South Florida, USA)
  8. FLAG-ERA\_”GATES” JTC-PCI2018-093137 (NHRF, Greece)
  9. MONSTRE-2D PRIN2017 KFMJ8E (INCNR, Italy)

**Professional  
(teaching)  
Experience**

**A. Teaching assistant**

**1992 - 1998**

*Department of Physics, University of Crete, Greece*

Courses:

- ◆ General Physics I (1 semester)
- ◆ Computers I (5 semesters)
- ◆ Computers II (3 semesters)
- ◆ Computational Physics I (1 semester)
- ◆ Computational Physics II (1 semester)
- ◆ Introduction to Solid State Physics (2 semesters)

**B. Instructor - Adjunct Professor - Visiting Assistant Professor**

**1. *Hellenic Mediterranean University, Greece***

**2000 – 2002, 2003 – 2011, 2013 – 2016**

*Department of Human Nutrition and Dietetics*

Courses:

- ◆ Physics, Informatics I 2000 – 2001
- ◆ Food and Radioactivity, Informatics III fall 2001 – 2002
- ◆ Informatics III spring 2001 – 2002
- ◆ Physics 2003 – 2004
- ◆ Physics, Informatics I 2004 – 2005
- ◆ Physics 2005 – 2006
- ◆ Preparation and Presentation of Scientific Research, Principles of Physics, Physics Applications - Human Body Composition, Physics 2006 – 2007
- ◆ Physics Applications - Human Body Composition, Informatics I, Principles of Physics 2007 – 2008
- ◆ Physics Applications - Human Body Composition, Informatics II, Principles of Physics 2008 – 2009
- ◆ Physics Applications - Human Body Composition, Principles of Physics, Biomathematics 2009 – 2010
- ◆ Physics Applications - Human Body Composition, Principles of Physics 2010 - 2011
- ◆ Principles of Physics fall 2013 – 2014
- ◆ Human Body Composition spring 2014 – 2015
- ◆ Human Body Composition spring 2015 – 2016

*Department of Electrical Engineering*

Courses:

- ◆ Electronics I 2001 – 2002
- ◆ Electrotechnics 2006 – 2007

*Department of Agricultural Technology*

Courses:

- ◆ Physics fall 2014 – 2015
- ◆ Physics fall 2015 – 2016

**2. School of Pedagogical & Technological Education (ASPATE), Greece** **spring 2019-2020**

*Department of Civil Engineering Instructors*

Courses:

- ◆ Numerical Analysis spring 2019 – 2020

**3. University of West Attica, Greece** **2019-2021**

*Department of Surveying and Geoinformatics Engineering*

Courses:

- ◆ Physics I spring 2019 – 2020 & 2020 – 2021

*Department of Marine Engineering*

Courses:

- ◆ Physics II spring 2019 – 2020 & 2020 – 2021

*Department of Wine, Vine and Beverage Sciences*

Courses:

- ◆ Physics fall 2020 – 2021

*Department of Conservation of Antiquities and Works of Art*

Courses:

- ◆ Physics fall 2020 – 2021

*Department of Electrical and Electronic Engineering*

Courses:

- ◆ Electrical Circuits I fall 2020 – 2021
- ◆ Electrotechnics and Electronic Technology spring 2020 – 2021

**C. Other teaching experience** **2000 – 2007**

*Institutes of Vocational Training, Crete, Greece*

Teaching Physics and Informatics

**Mentoring  
and  
supervision  
of students**

**Undergraduate thesis advisor – Hellenic Mediterranean University, Greece**

1. Dimitra Mpalaska
2. Iliopoulos Sotiris
3. Giakoumaki Irini

**Michigan State University, USA**

1. Zhen Zhu (PhD thesis – 2015)
2. Jie Guan (PhD thesis – 2017)

**University of South Florida, USA**

1. Maggie Kingsland, PhD student
2. Devin Pappas, Master student
3. Charles Mentzer, Undergraduate student
4. Kelli Ann Lynch, Undergraduate student

- Referee in > 30 Scientific journals** (impact factor in parenthesis) • **IOP Trusted Reviewer** (awarded 2020)
- Energy & Environmental Science (25.427)
  - Nano Letters (13.779)
  - Nature Communications (11.878)
  - Carbon (9.594)
  - Nanoscale (7.760)
  - Physical Review Letters (7.625)
  - ACS Applied Nanomaterials (expected 7.5 – 10)
  - ACS Applied Materials & Interfaces (7.145)
  - 2D Materials (7.042)
  - ChemComm (6.567)
  - Advanced Electronic Materials (6.312)
  - Advanced Materials Interfaces (4.834)
  - Physical Chemistry – Chemical Physics (4.449)
  - Scientific Reports (3.998)
  - Physical Review B (3.718)
  - RSC Advances (3.708)
  - Journal of Chemical Physics (3.488)
  - Journal of Physics D: Applied Physics (3.169)
  - Applied Physics Letters (3.142)
  - Physica Status Solidi – Rapid Research Letters (3.032)
  - Journal of Alloys and Compounds (3.014)
  - The Journal of Physical Chemistry
  - Journal of Physics: Condensed Matter (2.707)
  - Physical Review A (2.765)
  - ACS Omega (2.584)
  - Journal of Applied Physics (2.370)
  - Chemical Physics (2.348)
  - Diamond and related materials (2.232)
  - Superlattices and Microstructures (2.117)
  - Computational Materials Science (2.086)
  - Physica B (1.453)
  - Materials Research Express (1.449)
  - Key Engineering Materials (0.350)

**Computing Skills**

**Programming languages:** Fortran (*I have written several codes, mainly for molecular dynamics simulations based on the tight binding approximation and classic potentials*)

**Experience with High Performance Computing**

**Operating Systems:** Unix/Linux, MS Windows

**Scientific packages:** Siesta, VASP, Quantum Espresso, Gaussian, Materials Studio, LAMMPS, Gmms, Yaehmop, atom, etc

**Other useful software:** Latex, Xfig, Office, Xmakemol, Xcrysden, Gnuplot, Xmgrace, etc

**Development of scientific computational codes**

(the codes are available upon request)

1. Calculation of the electronic structure of any crystal using the Harrison's tight binding scheme
2. Molecular dynamics code using either a tight binding Hamiltonian or classical potentials
3. Calculation of (i) the rehybridized orbitals in non-planar  $sp^2$  structures (ii) the tight binding Hamiltonian matrix elements for those orbitals using Papaconstantopoulos scheme, (iii) the contribution of each of those orbitals to the energy and (iv) the electronic structure of crystals based on the rehybridized orbitals
4. Energy and force calculations of 10 classical potentials for transition metal systems (clusters or bulk structures) used in molecular dynamics and Monte Carlo simulations
5. Energy and force calculations for Tersoff potential used in molecular dynamics and Monte Carlo simulations. The code also calculates force contributions from each atom for thermal conductivity calculations using the non-equilibrium molecular dynamics method.
6. Phonon band structure calculation using the frozen phonon method. The code may calculate directly the forces of a classical potential if the appropriate code for the classical potential is included, or it may calculate the phonon band structure using the forces from a file. The code is appropriate both for molecules or extended systems.
7. A multiple histogram method code for calculations of thermodynamic quantities obtained using molecular dynamics or Monte Carlo simulations.
8. Improvement of the effective Hamiltonian molecular dynamics code, which is used for simulations of ferroelectric materials, to include interactions from antiferrodistortive local modes.

**Schools**

- 1992 : Summer School of Advanced Physics. Univ. of Crete, Greece  
1993 : Summer School of Advanced Physics. Univ. of Crete, Greece  
1994 : Summer School of Advanced Physics. Univ. of Crete, Greece  
2021 : Bridging first Principal Calculations and Effective Hamiltonians.  
Hosted by Italian Institute of Technology, Genova, Italy (June 7 - 16)

**Current Collaborators**

- **Dr. V. Tozzini**, *Instituto Nanoscienze Consiglio Nazionale Delle Ricerche (CNRnano), Italy*
- **Prof. I. Ponomareva**, *Physics Department, University of South Florida, Tampa, FL, USA*
- **Dr. A. N. Andriotis**, *Institute of Electronic Structure and Laser, Heraklion, Crete, Greece*
- **Dr. M. Menon**, *Department of Physics and Astronomy, University of Kentucky, Lexington, KY, USA*
- **Dr. N. N. Lathiotakis**, *Theoretical and Physical Chemistry Institute, National Hellenic Research Foundation, Athens, Greece*
- **Prof. D. Tománek**, *Physics and Astronomy Department, Michigan State University, East Lansing, MI, USA*
- **Prof. G. Kalosakas**, *Department of Materials Science, University of Patras, Patras, Greece*

- **Prof. B. Narayanan**, *Department of Mechanical Engineering, University of Louisville, USA*
- **Prof. V. Zafiropulos**, *Hellenic Mediterranean University, Greece*

**Former Collaborators**

- **Prof. P. W. Fowler**, *Department of Chemistry, University of Sheffield, Sheffield, UK*
- **Prof. G. Seifert**, *Physikalische Chemie, Technische Universität Dresden, Dresden, Germany*
- **Dr. R. W. A. Havenith**, *Zernike Institute for Advanced Materials, Groningen, The Netherlands*
- **Dr. A. Lappas**, *Institute of Electronic Structure and Laser, Heraklion, Crete, Greece*

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## **2. LIST OF PUBLICATIONS**

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**Refereed articles in international journals**

1. “Evaluating the performance of ReaxFF potentials for  $sp^2$  carbon systems (graphene, carbon nanotubes, fullerenes) and proposing a new ReaxFF potential” (**Z. G. Fthenakis**, G. Petsalakis, V. Tozzini and N. N. Lathiotakis) (submitted 2022)
2. “A proposed nomenclature for graphene pores, flakes and edges, a systematic study of their geometrical features and an algorithm for their generation, identification and enumeration: I. Pores”, **Z. G. Fthenakis**, (submitted 2022)
3. “A proposed nomenclature for graphene pores, flakes and edges, a systematic study of their geometrical features and an algorithm for their generation, identification and enumeration: I. Pores”, **Z. G. Fthenakis**, (submitted 2022)
4. “High temperature stability, metallic character and bonding of  $Si_2BN$  planar structure” **Z. G. Fthenakis**, M. Jaishi, B. Narayanan, A. N. Andriotis and M. Menon, *J. Phys. Cond. Matter* **33**, 165001 (2021)
5. “The role of depolarization in the polarization reversal in ferroelectrics” M. Kingsland\*, **Z. G. Fthenakis**\* and I. Ponomareva, *Phys. Rev. B* **100**, 024114 (2019) (\*equal contribution between these authors)
6. “Structural deformations and mechanical properties of  $Si_2BN$  under uniaxial and uniform biaxial strain in comparison with graphene: An ab-initio study” **Z. G. Fthenakis** and M. Menon, *Phys. Rev. B* **99**, 205302 (2019)
7. “Phase evolution in  $BaTi_{1-x}Zr_xO_3$  ferroelectric relaxor from atomistic simulations” C. Mentzer, S. Lisenkov, **Z. G. Fthenakis** and I. Ponomareva, *Phys. Rev. B* **99**, 064111 (2019)
8. “Intrinsic dynamics of electric-field-induced phase switching in antiferroelectric  $PbZrO_3$  ultrathin films” **Z. G. Fthenakis** and I. Ponomareva, *Phys. Rev. B* **98**, 054107 (2018)
9. “All-mechanical polarization control and anomalous (electro)mechanical responses in ferroelectric nanowires” D. Pappas, **Z. G. Fthenakis** and I. Ponomareva, *Nano Lett.* **18**, 5996 (2018)

10. "A torsional potential for graphene derived from fitting to DFT results" G. D. Chatzidakis, G. Kalosakas, **Z. G. Fthenakis**, K. Papagelis, N. N. Lathiotakis, Eur. Phys. J. B **91**, 11 (2018)
11. "Dynamics of antiferroelectric phase transition in  $PbZrO_3$ ", **Z. G. Fthenakis** and I. Ponomareva, Phys. Rev. B **96**, 184110 (2017)
12. "Atomistic potential for graphene and other  $sp^2$  carbon systems" **Z. G. Fthenakis**, G. Kalosakas, G. D. Chatzidakis, C. Galiotis, K. Papagelis and N. N. Lathiotakis Phys. Chem. Chem. Phys. **19**, 30925 (2017)
13. "Structural deformations of two dimensional planar structures under uniaxial strain: The case of graphene", **Z. G. Fthenakis** and N. N. Lathiotakis, J. Phys.: Cond. Matter **29**, 175401 (2017) [*This paper was highlighted as being particularly significant to the scientific community and is featured on [JPhys+](#) blog.*]
14. "Are the experimentally observed 3-dimensional Carbon honeycombs, all- $sp^2$  structures? The dangling p-orbital instability." **Z. G. Fthenakis**, RSC Adv. **7**, 9790 (2017)
15. "Ab-initio investigation on the stability of H-6 Carbon", **Z. G. Fthenakis**, RSC Adv. **6**, 78187 (2016)
16. "Electronic structure and transport in graphene/haeckelite hybrids: An ab-initio study" Z. Zhu, **Z. G. Fthenakis** and D. Tománek, 2D Materials **2**, 035001 (2015)
17. "Graphene allotropes under extreme uniaxial strain: An ab-initio theoretical study" **Z. G. Fthenakis** and N. N. Lathiotakis, Phys. Chem. Chem. Phys. **17**, 16418 (2015)
18. "Successive spin polarizations underlying a new magnetic coupling contribution in diluted magnetic semiconductors" A. N. Andriotis, **Z. G. Fthenakis** and M. Menon, J. Phys.: Cond. Matt. **27**, 052202, (2015) (accepted as Fast Track Communication)
19. "Effect of structural defects on the thermal conductivity of graphene: From point to line defect to haeckelites" **Z. G. Fthenakis**, Z. Zhu, and D. Tománek, Phys. Rev. B **89**, 125421 (2014)
20. "Topologically protected conduction state at carbon foam surfaces: An ab-initio study" Z. Zhu, **Z. G. Fthenakis**, J. Guan, and D. Tománek, Phys. Rev. Lett. **112**, 026803 (2014)
21. "Limits of mechanical energy storage and structural transformations in twisted nanotube ropes" **Z. G. Fthenakis**, Z. Zhu, D. Teich, G. Seifert, and D. Tománek, Phys. Rev. B **88**, 245402 (2013)
22. "Energetics of graphene flakes" **Z. G. Fthenakis**, Mol. Phys. **111**, 3289 (2013)
23. "Nanomechanical energy storage in twisted nanotube ropes" D. Teich, **Z. G. Fthenakis**, G. Seifert, and D. Tománek, Phys. Rev. Lett. **109**, 255501 (2012)
24. "Computational study of the thermal conductivity in defective carbon nanostructures" **Z. G. Fthenakis**, and D. Tománek, Phys. Rev. B **86**, 125418 (2012)
25. "Uncovering the FURTEX-6100XL prediction equation for the percent body fat" **Z. G. Fthenakis**, D. Balaska, and V. Zafirooulos, J. Med. Eng. Technol. **36**, 351 (2012)
26. "Structural and electronic properties of the fullerene isomers of  $Si_{38}$ : A systematic theoretical study" **Z. G. Fthenakis**, R. W. A. Havenith, M. Menon, and P. W. Fowler,

- Phys. Rev. B **75**, 155435 (2007) [*Selected for publication in the the May 14, 2007 issue of [Virtual Journal of Nanoscale Science & Technology](#)*]
27. “Correlated variation of melting and Curie temperatures of nickel clusters” A. N. Andriotis, **Z. G. Fthenakis**, and M. Menon, Phys. Rev. B **75**, 073413 (2007) [*Selected for publication in the the March 12, 2007 issue of [Virtual Journal of Nanoscale Science & Technology](#)*]
  28. “*Topotactic Intercalation of a Metallic Dense Host Matrix Chalcogenide with Large Electron-Phonon Coupling: Crystal Structures and Electronic Properties of  $Li_xMo_2SbS_2$  ( $0 \leq x \leq 0.7$ )*” A. Lappas, C. J. Nuttall, **Z. G. Fthenakis**, V. Yu. Pomajakushin, and M. A. Roberts, Chem. Mater. **19**, 69, (2007)
  29. “*Theoretical study of the effect of temperature on the magnetism of transition metal clusters*” A. N. Andriotis, **Z. G. Fthenakis**, M. Menon, Europhys. Lett. **76**, 1088, (2006)
  30. “*Applicability of the Hunjan - Ramaswamy global optimization method*” **Z. G. Fthenakis**, Phys. Rev. E **70**, 066704 (2004)
  31. “*Temperature evolution of structural and magnetic properties of transition metal clusters*” **Z. Fthenakis**, A. N. Andriotis, and M. Menon, J. Chem. Phys. **119**, 10911 (2003)
  32. “*A tight – binding molecular dynamics study of  $Ni_mSi_n$  binary clusters*” A. N. Andriotis, M. Menon, G. Froudakis, **Z. Fthenakis**, and J. E. Lowther, Chem. Phys. Lett. **292**, 487 (1998)

### **Conference Publications in Journals with Referees**

1. “*Gas separation utilizing graphene membranes: a theoretical study*” **Z. G. Fthenakis**, A. Fountoulakis, I. D. Petsalakis and N. N. Lathiotakis, (submitted for publication in Adv. Mater. Lett. - 2021)
2. “*Study of the Si fullerene cage isomers*” **Z. G. Fthenakis**, R. W. A. Havenith, M. Menon, and P. W. Fowler, Journal of Phys.: Conf. Series **10**, 117 (2005)

### **Chapters in books**

1. “*Variation of the Surface to Bulk Contribution to Cluster Properties*” A. N. Andriotis, **Z. G. Fthenakis** and Madhu Menon, *Handbook of Computational Chemistry*, 2012, p. 939, Springer, Editor: T. Leszczynski

### **In preparation**

1. “*Electronic properties of  $Si_2BN$  nanoribbons*” ( M. Jaishi, B. Narayanan, **Z. G. Fthenakis**, A. N. Andriotis and M. Menon) (to be submitted soon)
2. “*Effect of random fields in the phase transition of perovskites*” (**Z. G. Fthenakis** and I. Ponomareva) (to be submitted soon)
3. “*Structural and electronic properties of 3-dimensional Carbon honeycombs*” (**Z. G. Fthenakis**) (to be submitted soon)
4. “*Graphene membranes for gas separation*” (**Z. G. Fthenakis**, N. N. Lathiotakis and I. D. Petsalakis) (to be submitted soon)

5. "Stretching graphite to diamond" (**Z. G. Fthenakis** and D. Tománek) (to be submitted soon)
6. "How many  $Si_2BN$  planar structures are they?" (**Z. G. Fthenakis**, A. N. Andriotis and M. Menon)
7. "Unisotropic behaviour of 2D structures with Octagraphene topology under uniaxial strain" (**Z. G. Fthenakis** and N. N. Lathiotakis) (to be submitted soon)
8. "Electronic and mechanical properties of T8 Carbon" (**Z. G. Fthenakis**)
9. "Predicting spin polarizations of diluted magnetic ZnO" (**Z. G. Fthenakis**, A. N. Andriotis and M. Menon)
10. "Molecular Dynamics for 2-dimensional systems" (**Z. G. Fthenakis** and D. Tománek)
11. "How to make graphite from nanotubes: an intercalation pathway for graphite" (**Z. G. Fthenakis** and D. Tománek)
12. "Nanotube deformations under compression: a systematic ab-initio study" (**Z. G. Fthenakis** and D. Tománek)
13. "Energetics of Carbon fullerenes" (**Z. G. Fthenakis**)
14. "Estimation of melting temperature of small Ni clusters using classical potentials" (**Z. G. Fthenakis**)

#### **Oral Presentations in Conferences**

1. "Chemisorption of small Ni clusters on Si(110) surface" (XIV Pan-hellenic Conference on Solid State Physics – Ioannina – Greece 1998)
2. "Adequacy of the classical potentials for the study of thermodynamic properties of transition metal clusters" (XIX Pan-hellenic Conference on Solid State Physics – Heraklion – Greece 2002)
3. "Study of the Si fullerene cage isomers" (Second Conference on Microelectronics Microsystems and Nanotechnology – Athens – Greece 2004)
4. "Linear relationship between Melting and Curie temperature of Ni-clusters". Contribution of A.N. Andriotis, Z. G. Fthenakis and M. Menon at the XXIII Pan-hellenic Conference on Solid State Physics and Material Science – Athens – Greece (2007) (Proceedings, page 126)
5. "Comparison of percent body fat estimations in adolescents using four different field methods". Contribution of V. Zafiropoulos, Z. G. Fthenakis, D. Balaska, A. Markaki, P. Dimitropoulakis, G. A. Fragkiadakis, E. Andrioti and I. Giakoumaki at the 3rd Balkan Congress on Obesity, Thessaloniki, Greece, 17-19 Oct. 2008. (Proceedings, page 36)
6. "Energy of small fullerene isomers". [XXVI Pan-hellenic Conference on Solid State Physics and Material Science](#), Ioannina, Greece, (2010)
7. "Computational study of the thermal conductivity of defective carbon nanostructures". Contribution of Z. G. Fthenakis and D. Tománek at the [APS March Meeting](#), Boston, USA, (2012)
8. "A theoretical study of graphene and its planar allotropes under extreme uniaxial strain". Contribution of N. N. Lathiotakis and Z. G. Fthenakis at the [European](#)

- [conference/workshop on the synthesis, characterization and applications of graphene](#), Myconos, Greece (2012)
9. “*Can graphene allotropes surpass the high thermal conductivity of graphene?*” Contribution of Z. G. Fthenakis, Z. Zhu and D. Tománek at the [APS March Meeting](#), Baltimore, USA (2013)
  10. “*Deformations and nanomechanical energy storage in twisted carbon nanotube ropes*”. Contribution of D. Tománek, Z. G. Fthenakis, D. Teich and G. Seifert at the [APS March Meeting](#), Baltimore, USA (2013)
  11. “*Electronic and transport properties of 2D graphene-haeckelite hybrid structures*”. Contributed talk of Z. Zhu, Z. G. Fthenakis and D. Tománek at CECAM workshop on ["Novel 2D materials: tuning electronic properties on the atomic scale"](#), Bremen, Germany (2013)
  12. “*Electronic and transport properties of 2D graphene-haeckelite hybrid structures*”. Contributed talk of Z. Zhu, Z. G. Fthenakis and D. Tománek at the International Symposium on ["Flatlands beyond Graphene"](#) at the Jacobs University Bremen, Germany (2013)
  13. “*Ropes of carbon nanotubes: from natural coiling to nanomechanical energy storage*”. Contribution of David Tománek, David Teich, Zacharias G. Fthenakis, Gotthard Seifert, and Sumio Iijima at the [NT13: Fourteenth International Conference on the Science and Application of Nanotubes](#) in Espoo, Finland, June 27, 2013.
  14. “*Mechanical properties of graphene, graphene nanoribbons and planar allotropes: A theoretical study*”. Contribution of N. N. Lathiotakis, G. Kalosakas, Z. G. Fthenakis, C. Galiotis and K. Papagelis at the [XXIX Panhellenic Conference on Solid-State Physics and Materials Science](#) in Athens, Greece, September 25, 2013.
  15. “*Can nanomechanical energy storage in twisting nanotube ropes surpass that of Li-ion batteries?*” Contribution of Z. G. Fthenakis, D. Teich, Z. Zhu, G. Seifert and D. Tománek at the [XXIX Panhellenic Conference on Solid-State Physics and Materials Science](#) in Athens, Greece, September 25, 2013.
  16. “*Unusual conduction mechanism at graphitic carbon foam surfaces: An ab initio study*”. Contribution of D. Tománek, Z. Zhu, Z. G. Fthenakis and J. Guan at the [APS March Meeting](#), Denver, Colorado, USA (2014)
  17. “*Thermal and electrical conductivity of defective graphene: From grain boundaries to haeckelites*”. Contribution of Z. Zhu, Z. G. Fthenakis and D. Tománek at the [APS March Meeting](#), Denver, Colorado, USA (2014)
  18. “*Understanding the conduction mechanism of carbon foam surfaces*”. Contribution of Z. G. Fthenakis, Z. Zhu, J. Guan and D. Tománek at the [XXX Panhellenic Conference of Solid-State Physics and Materials Science](#) in Heraklion, Greece, September 22, 2014
  19. “*The effect of periodically arranged Stone-Walles defect in graphene on its mechanical properties: an ab-initio study*” Contribution of Z. G. Fthenakis, N. N. Lathiotakis at the [XXXIPanhellenic Conference o Solid-State Physics and Materials Science](#) in Thessaloniki, Greece, September 23, 2015
  20. “*Ultrafast dynamics of PbZrO<sub>3</sub> thin films under AC electric fields*” Contribution of Z. G. Fthenakis and Inna Ponomareva at the [Fundamental Physics of Ferroelectrics and related materials \(Ferro-2019\)](#) in Tampa, Florida, USA, January 27, 2019

21. *"Predicting properties of ferroelectrics with phase competitions from atomistic modeling"* Contribution of S. Lisenkov, M. Kingsland, D. Pappas, Z. Fthenakis and I. Ponomareva at the Foundamental Physics of Ferroelectrics and related materials (Ferro-2019) in Tampa, Florida, USA, January 27, 2019
22. *"Phase evolution in  $BaTi_{1-x}Zr_xO_3$  from atomistic simulations"* Contribution of C. Mentzer, S. Lisenkov, D. Pappas, Z. Fthenakis and I. Ponomareva at the Foundamental Physics of Ferroelectrics and related materials (Ferro-2019) in Tampa, Florida, USA, January 27, 2019
23. *"Theoretical ab-initio study of graphene vacancies and pyridinic defects for gas separation"* Contribution of N. N. Lathiotakis, Z. G. Fthenakis and D. Petsalakis at the Advances and applications in carbon related nanomaterials: From pure to doped structures including heteroatom layers (HeteroNanoCarb-2019), Centro de Ciencias de Benasque Pedro Pascual, Benasque, Spain, December 9, 2019
24. *"Gas separation utilizing graphene membranes: a theoretical study"* Contribution of Z. G. Fthenakis, A. Fountoulakis, I. D. Petsalakis and N. N. Lathiotakis, 33rd Assembly of Advanced Materials Congress, Stockholm, Sweden, March 23, 2020
25. *"Successes and Failures of ReaxFF potentials for 3-fold coordinated carbon systems and graphene interactions with small molecules and atoms"* Contribution of Z. G. Fthenakis, I. D. Petsalakis, V. Tozzini and N. N. Lathiotakis, AutoCheMo International Reactive Force Field Workshop, Ghent, Belgium, December 8, 2021

### Other Oral Presentations

1. *"Guiding nanomanufacturing research using modeling: Examples"* (Center for high-rate nanomanufacturing - Northeastern University, Boston, USA, 2012)
2. *"Thermal conductivity of defective carbon nanostructures and Unusual electrical conduction mechanism at graphitic foam surfaces"* (Invited talk at Materials Science Dept. - Univ. of Crete, Greece - 2013)

### Poster Presentations in Conferences

1. *"Study of the  $W_n$ ,  $n < 55$  clusters with the Tight Binding Molecular Dynamics"* **Z. G. Fthenakis**, A. N. Andriotis, M. Menon, N. N. Lathiotakis, XII Pan-hellenic Conference on Solid State Physics – Heraklion – Greece (1996)
2. *"Chemisorption of small Si clusters from the Si(110) surface"* **Z. G. Fthenakis**, N. N. Lathiotakis, M. Menon, and A. N. Andriotis, XIII Pan-hellenic Conference on Solid State Physics – Thessaloniki – Greece (1997)
3. *"Study of the  $Si_{45}$  cluster"* **Z. G. Fthenakis**, P. W. Fowler, and A. N. Andriotis, XIIX Pan-hellenic Conference on Solid State Physics – Heraklion – Greece (2002)
4. *"Study of the  $Si_{38}$  fullerene-like cages"* **Z. G. Fthenakis**, G. Froudakis, R. Havenith, M. Menon, P. W. Fowler, and A. N. Andriotis, XIIX Pan-hellenic Conference on Solid State Physics – Heraklion – Greece (2002)

5. *“Uncovering the FUTREX-6100XL prediction equation for the percent body fat”* **Z.G. Fthenakis**, D. Balaska and V. Zafiropulos, 3rd Balkan Congress on Obesity, Thessaloniki, Greece, 17-19 Oct. (2008) (Proceedings, page 52)
6. *“Clusters of transition metal atoms at non-zero temperatures”* **Z. G. Fthenakis**, A. N. Andriotis, and M. Menon, Cluster-Surface Interactions: EuroConference on Functional Clusters – (Granada June 2002)
7. *“Temperature evolution of structural and magnetic properties of large Ni clusters”* **Z. G. Fthenakis**, A. N. Andriotis, and M. Menon, Cluster-Surface Interactions: EuroConference on Functional Clusters (Giens – France 2004)
8. *“Topotactic lithium intercalation and electronic properties in the nanostructured  $Mo_2SbS_2$ ”* A. Lappas, C. J. Nuttall, **Z. G. Fthenakis**, V. Y. Pomajakushin and M. A. Roberts, Fifth International Conference on Inorganic Materials (Ljubljana, Slovenia, 2006)
9. *“Correlated Variation of Melting and Curie Temperatures of Ni-clusters”*. A. N. Andriotis, **Z. G. Fthenakis** and M. Menon, 5th International Symposium on Theory of Atomic and Molecular Clusters (TAMC V), Richmond, VA (USA) 3-17 May, (2007) (poster no 39)
10. *“Linear relationship between Melting and Curie temperature of Ni-clusters”* A.N. Andriotis, **Z. G. Fthenakis** and M. Menon, 6th International Conference of Fine Particle Magnetism, Rome, Italy, (2007) (poster no PB5)
11. *“A new prediction equation for the percent body fat for adolescents, using the near infra red interactance method”* **Z.G. Fthenakis**, I. Giakoumaki, A. Markaki and V. Zafiropulos, 17th European Congress on Obesity, Amsterdam, The Netherlands, (2009)
12. *“Percent body fat in adolescents: Use of four field methods in a nutritional intervention”* V. Zafiropulos, D. Balaska, **Z. G. Fthenakis**, A. Markaki, P. Dimitropoulakis, G. A. Fragkiadakis and I. Giakoumaki, 17th European Congress on Obesity, Amsterdam, The Netherlands, (2009)
13. *“Energy of fullerenes”* **Z. G. Fthenakis** Fullerene Silver Anniversary Symposium, Herissonisos, Crete, Greece (2010) (poster no 26)
14. *“Energetics of graphene clusters”* **Z. G. Fthenakis**, 3<sup>rd</sup> international conference from nanoparticles and nanomaterials to nanodevices and nanosystems, Herissonisos, Crete, Greece (2011)
15. *“A theoretical study of graphene and its planar allotropes under extreme uniaxial strain”* N. N. Lathiotakis and **Z. G. Fthenakis**, International symposium and workshop on electron correlations and materials properties of compounds and alloys, Porto Heli, Greece (2012)
16. *“The Archimedes-III nutrition-education program 2013 – 2015: Assessment of growth in primary school children in Crete, Greece”* V. Chatzi, A. Markaki, A. S. Kalamari, N. Thalassinis, P. Dimitropoulakis, Z. Fthenakis, N. Koufaki, I. Mavrikakis, Y. Manios, G. A. Fragkiadakis and V. Zafiropulos, DIETS-EFAD VIIIth Conference “Health 2020: Supporting Vulnerable groups”, Athens (2014)
17. *“Preliminary results of dietary intervention among primary-school children”* V. Zafiropulos, V. Chatzi, P. Dimitropoulakis, A. Markaki, **Z. G. Fthenakis**, N. Thalassinis, G. A. Fragkiadakis, 22<sup>nd</sup> European Congress on Obesity (ECO2015), Prague, Czech Republic (2015)

18. “Longitudinal study of intracellular water and growth in children aged 8-11 years” V. Zafiropulos, V. Chatzi, G. Giagkidis, K. Moudanos, P. Dimitropoulakis, A. Markaki, **Z. G. Fthenakis**, G. A. Fragkiadakis, 22<sup>nd</sup> European Congress on Obesity (ECO2015), Prague, Czech Republic (2015)
19. “Recording childhood obesity based on the body fat percentage before and after dietary intervention” (translated from Greek), V. Zafiropulos, A. Markaki, N. Thalassions, P. Dimitropoulakis, V. Chatzi, **Z. Fthenakis**, G. A. Fragkiadakis, Y. Manios and A. Kafatos, 7<sup>th</sup> Congress of the Hellenic Atherosclerosis Society, Athens (2016)

### **Lecture notes**

Lecture notes for courses of the Department of Human Nutrition and Dietetics – Hellenic Mediterranean University - Greece

- ◆ *Physics*
- ◆ *Physics laboratory*
- ◆ *Human body composition laboratory*
- ◆ *Introduction to error analysis* (will be published as a book)

Lecture notes for courses of the Department of Civil Engineering Instructors - School of Pedagogical & Technological Education (ASPETE) – Greece

- ◆ *Numerical Analysis*

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### **3. REFERENCES**

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